THE HUMAN MILK BANK
ASSOCIATION OF INDIA

HMBCON 26

Scientific Programme

21–22 November 2026

Advanced Pediatrics Centre, Department of Pediatrics
PGIMER, Chandigarh

2 hands-on workshops · Dr Armida Fernandez Oration · 4 expert panels · Oral & poster presentations

DAY 1 · SATURDAY 21 NOV

Workshops & Inauguration

9 AM – 4:15 PM	Workshop 1 — Human Milk Banking / CLMC (APC Auditorium)
9 AM – 4:15 PM	Workshop 2 — Skill Development in Breastfeeding (Ped Surgery Seminar Room)
4:30 – 5:30 PM	AGBM of HMBAI
6 PM onwards	Inauguration, felicitation of donor mothers & dinner

DAY 2 · SUNDAY 22 NOV

Main Conference

9 – 10 AM	Oral paper presentations
10:40 AM	Dr Armida Fernandez Oration — Dr Sandhya Khadse
All day	Four panels, induced lactation talk, posters (1 PM)
3:40 PM	Valedictory and awards

HMBCON 26

DAY 1 · SAT 21 NOV 2026

Workshop 1 · Human Milk Banking / CLMC

CLMC – Comprehensive Lactation Management Centre | Venue: APC Auditorium, Advanced Pediatrics Centre, PGIMER Chandigarh

COURSE FACULTY — LOCAL
Dr Supreet, Dr Sajan

COURSE FACULTY — CENTRAL
Dr Arti Kinikar

LOCAL COORDINATORS
Gurpreet, Urmila, Dinesh, Poonam, Rupinder

TIME	SESSION	FACULTY / NO	CHAIRPERSONS
8:00–9:00 AM	REGISTRATION		
9:00–9:15	OPENING **Introduction of the course & pre-test** Via Mentimeter	Dr Arti Kinikar, Dr Santosh Kraleti, Dr Bhavneet	—
9:15–9:45 20 + 10 min	TALK **Concept and basic infrastructure of CLMC**	Dr Arti Kinikar	Dr Aswini Sood, Dr Tejo, Dr Sheila Ayer
9:45–10:00 10 + 5 min	TALK **Workflow in a CLMC**	Dr Suksham Jain	Dr Amarpreet (Mohali), Dr Ramesh (Coimbatore), Dr Ramesh Choudhary (RJ)
10:00–10:15 10 + 5 min	TALK **Surveillance of infection in CLMC**	Dr Manisha Biswal (PGI)	Dr Supreet (GMCH), Dr Sajan (PGI), Dr Nalini (AIIMS Bilaspur), Dr Santosh Kraleti
10:15–11:00	BIO BREAK 10:15–10:30 · TEA 10:30–11:00		
11:00–12:00	ROLE PLAY · 2 CASES **Case 1: Counselling for milk donation — mother of a preterm baby** Case 2: Surgical case — NPO baby	Case 1: Ms Gurpreet & Ms Rupinder (PGI), SR; Case 2: Mr Dinesh & Ms Maninder (PS), Dr Bhargav	Ms Poonam (Mohali), Ms Nisha Rana (GMCH), Dr Ramya (PS), Dr Shivani (PS)
12:00–12:45	PANEL DISCUSSION **Difficulties in setting up a CLMC and the path ahead** Including violation of the IMS Act	Dr Tejo, Ms Gurpinder (Faridkot NO), Dr Ramya (PS, PGI), Dr Sadbhvavna (GMSH), Dr Satish Tiwari, Dr Shivani Dogra (PS, PGI), Dr Jasmine (Mohali)	Dr Sushma Nangia
12:45–1:30 PM	LUNCH		
HANDS-ON SESSIONS · 3 BATCHES ROTATE			
1:30–2:15	BATCH 1 **Consent forms, screening proforma, record maintenance**	Ms Gurpreet (PGI PHN), Ms Poonam (Mohali NO), Ms Isha Kataria (PS NO)	Dr Supreet, Dr Santosh Kraleti, Dr Tejo
2:15–3:00	BATCH 2 **Methods of expression — manual and pumping; storage, disbursal, thawing**	Ms Parul (PGI), Ms Priyanka (GMCH NO), Ms Rupinder (PGI NO)	Dr Jasmine, Dr Ramesh Choudhary (RJ)
3:00–3:45	BATCH 3 **Audit of quality maintenance; cold-chain maintenance for milk donated from outside the hospital**	Ms Gurpinder (Faridkot NO), Ms Maninder (PS NO), Mr Dinesh (PHN)	Dr Santosh Nimbalkar (MH), Dr Amarpreet (Mohali), Dr Ramesh (Coimbatore)
3:45–4:15	CLOSE **Feedback and certificate distribution**	—	—
4:15–4:30	TEA		
4:30–5:30	**AGBM — HMBAI**		
6:00 PM onwards	**Inauguration, followed by dinner** Felicitation of donor mothers during the inauguration		

NO – Nursing Officer · PHN – Public Health Nurse · PS – Paediatric Surgery · SR – Senior Resident · AGBM – Annual General Body Meeting

HMBCON 26

DAY 1 · SAT 21 NOV 2026

Workshop 2 · Skill Development in Breastfeeding

Venue: Paediatric Surgery Seminar Room, PGIMER Chandigarh

COURSE FACULTY — LOCAL
Dr Bijay Laxmi, Dr Bhavneet

COURSE FACULTY — CENTRAL
Dr Shailja Mane

LOCAL COORDINATORS
Parul, Harminder, Suman, Sonal

TIME	SESSION	FACULTY / NO	CHAIRPERSONS
8:00–9:00 AM	REGISTRATION		
9:00–9:15	OPENING **Introduction of the course & pre-test** Via Mentimeter	Dr Shailja Mane, Dr Bijay Laxmi, Dr Bhavneet	—
9:15–9:45	TALK **Physiology of lactation** Antenatal and postnatal	Dr Shailja Mane	Dr Rajesh Boob, Dr Girish Charde
9:45–10:15	TALK **Feeding in twins, after CS and in difficult situations** Sore nipple, engorgement, low milk supply	Dr Alka Kuthe	Dr Mangala Wani, Dr Rajinder Gulati
10:15–11:00	BIO BREAK 10:15–10:30 · TEA 10:30–11:00		
11:00–12:00	ROLE PLAY · 2 CASES **Case 1: Counselling after a preterm delivery, including early KMC and NNS** Case 2: Preparation for discharge, post-discharge feeding and follow-up	Case 1: Harminder (PGI), Suman (PGI), SR; Case 2: Parul (PGI), Sonal (PGI), Dr Shaswat	Ms Sukhpreet Kaur (GMCH NO), Ms Nisha Devi (GMCH NO), Dr Bijay Laxmi
12:00–12:45	PANEL DISCUSSION **Exclusive breast-milk feeding in the NICU — difficulties and solutions**	Dr Vikram Bedi (CHD), Ms Alpanamayi (Calcutta NO), Dr Roopali Tiwari (MP), Dr Bijay Laxmi (PGI), Dr Triptee (Ambala)	Dr Rajinder Gulati
12:45–1:30 PM	LUNCH		
HANDS-ON STATIONS · 3 BATCHES ROTATE (30 MIN EACH)			
1:30–2:15	BATCH 1 **Stimulating oxytocin and prolactin reflexes; initiating lactation in term mothers** Checking latch and effective milk transfer, early skin-to-skin contact; in preterm mothers — iKMC and OMS	Ms Suman (PGI), Ms Sujata (NINE), Ms Sonal (PGI NO)	Dr Mangala Wani, Dr Alka Kuthe
2:15–3:00	BATCH 2 **Transition from gavage to spoon to direct breastfeeding** Spoon, katori, paladai; CL & CP; the hypotonic baby	Ms Harminder (PGI), Ms Sukhpreet (GMCH NO)	Dr Rajinder Gulati, Dr Kumutha
3:00–3:45	BATCH 3 **Methods of IPAT, DSC and breast crawl** Methods of breast-milk expression	Ms Nisha Devi (GMCH NO), Ms Urmila (PGI PHN)	Dr Shailja Mane, Dr Bhavneet
3:45–4:15	CLOSE **Feedback and certificate distribution**	—	—
4:15–4:30	TEA		
4:30–5:30	**AGBM of HMBAI**		
6:00 PM onwards	**Inauguration, followed by dinner** Felicitation of donor mothers during the inauguration		

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DAY 2 · SUN 22 NOV 2026

Main Conference · Papers, Panels & the Dr Armida Fernandez Oration

Venue: APC Auditorium, Advanced Pediatrics Centre, PGIMER Chandigarh

FORMAT
Oral papers · Oration · 4 panels · Posters

POSTER AREA
Seminar room 2A · Poster presentations 1:00–2:00 PM

TIME	SESSION	SPEAKERS / PANELLISTS	CHAIRS / MODERATORS
9:00–10:00	FREE PAPERS **Oral paper presentations** 6 presentations · 2 judges	6 presenters	Dr Arti Kinikar, Dr Shailja Mane, Dr Nalini
10:00–10:40 30 + 10 min	PANEL 1 **Breastfeeding vs human-milk feeding: is the difference more than the milk?**	Dr Sahil (Mohali), Dr Jogender (PGI), Dr Manmeet Sodhi (PB), Dr Kumutha (TN), Dr Rekha Harish (CHD), Dr Sheila Ayer (GJ), Dr Vikram Bedi (CHD), Dr Shashikant (Faridkot)	Dr Rajinder Gulati
10:40–11:20	DR ARMIDA FERNANDEZ ORATION **Beyond Nutrition — HMB, a catalyst for changing culture, nurturing future: my journey with conviction, compassion and crossing conventional boundaries** Sponsored by Dr RK Agarwal	Dr Sandhya Khadse	Dr Alka Kuthe (Chairperson, HMBAI), Dr Santosh Kraleti (Secretary, HMBAI)
11:20–12:00	TEA		
12:00–12:20 15 + 5 min	TALK **Induced lactation**	Dr Mangala Wani	Dr Alka Kuthe, Dr Seema Chopra (PGI)
12:20–1:00 30 + 10 min	PANEL 2 **New research on HMB, the new WHO guidelines and quality control in CLMC (NQAS)** Role of government authorities in planning and implementation in establishing CLMCs	Dr Amarpreet (Mohali), Dr Sourabh Dutta (PGI), Dr Nalini (AIIMS Bilaspur), Dr Aswini Sood (Ambala), Dr Rakesh Sharma (Ahmedabad), Dr Poonam Kaur (IAS), Dr Annapurna (UNICEF)	Dr Ketan Bharadva, Dr Santosh Kraleti
1:00–2:00	POSTERS · SEMINAR ROOM 2A **Poster presentations** Displayed on poster boards · 3-min presentation + 1 min for judges' comments	Poster presenters	Dr Bijay Laxmi, 2 judges for poster evaluation
1:30–2:10 30 + 10 min	PANEL 3 **Infection surveillance in CLMC and clinical areas** Asepsis during milk collection, infection prevention, SOP after disbursal of milk to clinical areas	Dr Jasmine (Mohali), Dr Bhavneet (PGI), Ms Alpanamayi (Calcutta NO), Ms Gurpinder (Faridkot NO), Ms Maninder (PS NO), Ms Isha (PS NO), Dr Ramya (PS)	Dr Manisha Biswal (infection), Dr Arti Kinikar, Dr Ramesh Choudhary (RJ)
2:10–2:40	LUNCH		
2:40–3:20 30 + 10 min	PANEL 4 **Facilitating CLMCs in private set-ups** Following the IMS Act; the hub-and-spoke model	Dr Sadbhvavna (GMSH), Dr Gagan (CHD), Dr S Nimbalkar (MH), Dr Triptee (Ambala), Dr Ramesh (Coimbatore), Dr Sunil Agarwal (Fortis), Dr Supreet (GMCH)	Dr Shailja Mane, Dr Bijay Laxmi (PGI)
3:20–3:40	TEA BREAK		
3:40–4:00	**Valedictory and awards distribution** Vote of thanks		

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